This is some suggested messaging that could be used in an interview or press release. Please feel free to build on it and adapt with your own examples.

Could you find a new home, set up your bank account and get a new job in seven days? This is what this government is asking refugees to do.

It doesn't make sense to offer someone safety, and then set them up to fail. This has caused an unnecessary homelessness emergency. Refugees want to work, pay their own rent and live independently, but they need more than a week's notice. This government is choosing to let people sleep on the streets, in airports and buses. It's forcing local charities and councils to hand out sleeping bags to people who are just trying to do the paperwork to start a new life.

We urge this government to reverse this disastrous decision before even more people end up cold and hungry. They should listen to frontline workers and give refugees more notice and a fair chance.

Further calls to action

People can sign up to be short term hosts for refugees in need via Refugees at Home.

The 28 day move-on period should be extended to at least 56 days in line with the HRA in England and Housing Act in Wales. This reflects the time it actually takes for refugees to access accommodation and financial support and ensure newly recognised refugees are not plunged into destitution.

The Home Office should ensure new refugees receive their documents at the right time, which would enable them to apply for jobs straight away and get the support they need.

Additional support should be available to help newly recognised refugees navigate the move-on period and access housing, education, employment and welfare benefits.